

LPGA Golf 101

Learn How to Play Golf

This is an introductory program for new and relatively new female golfers. This will follow the student-centered, LPGA Integrated Performance System, “Welcome to Golf”, 6-module program.

Your LPGA professional will provide the base of knowledge, golf skills and most importantly the confidence to get on the course.

Program Outline

Fee: \$200

1. Let's Get the Ball Rolling – Putting
2. Getting the Ball on the Green – Chipping
3. Getting the Ball in the Air – Pitching
4. It's all about Connection – Full Swing
5. BIG Clubs and Bunker Play – Empowering Your Game
6. Putting it all Together – Getting Comfortable On-Course

*Sessions will include handouts and equipment recommendations



2022 Schedule

Aug. 25

Sept. 1, 8, 15, 22, 29

Thursday's at 5:30-6:30pm

Call the Lincoln Hills Pro Shop at (916) - 543 - 9200 to reserve your spot

Space limited to 6 participants - first come, first served